

FRMP Private Practitioners - Metro East

Practitioners based in Metro East

Practitioner Name	Contact Details	Qualifications & Memberships	Specialty Areas	WWC	Areas Covered	Availability
Alana O'Callaghan	1592 Burwood Hwy, Belgrave T: 9017 5355 M: 0413 543 049 E: hillsholistic@gmail.com www.goodtherapy.com.au/hillsholistic	M Clinical Family Therapy, B Social Work, Grad Dip Addiction Studies, BA (Media & Sociology) AASW, Victorian Association Family Therapists	Family & adolescent violence, developmental and behaviour issues, trauma, grief and loss, depression, anxiety, sexual abuse anger management, gender / sexuality issues, social skills, life transition & adjustment issues, blended families, family violence, substance abuse, conflict resolution	Yes	Eastern metropolitan region, Pakenham, Narre Warren, Cranbourne	Monday & Friday, some weekday evenings, Saturday morning
Anna Napoli	156 Manchester Road, Mooroolbark, 3138 T: 9726 0810 M: 0439 004 521	M. Psychology, B. A. Grad Dip Child Psych, Dip Integrative Interpersonal Counselling & Psychology APS	Grief and loss, depression, anxiety, anger management, asperger's syndrome, eating disorders, gender/sexuality issues, sexual abuse, victims of crime, social skills, life transition & adjustment issues, social skills, conflict resolution, IQ, behaviour and personality assessments, blended families, family violence, mediation, speaks Italian as well	Yes	Metro east, home visit	Mon – Sat
Biljana Dearly	Glen Waverley, 3150 M: 0408 441 170 E: tresnjica@hotmail.com	Post Grad Dip Counselling & Human Services, Dip Transpersonal Counselling ACA, AAHTC	Grief and loss, depression, anxiety, anger management, gender/sexuality issues, sexual abuse, social skills, life transition & adjustment issues, social skills, conflict resolution, substance abuse, mediation,	Yes	Metro east and south	Mon – Sat
David Bruce	Level 2, 19 Prospect Street, Box Hill T: 9890 5395 M: 0418 515 259 E: davidwbruce@dcsi.net.au	M Psychology (Hons) Foundation & Life Member of APS, member of Division of Independently Practicing Psychologist, Member of College of Forensic Psychologists	Family Law, family Mediation, pharmacology (narcotic addiction), criminal behaviour, post-traumatic stress disorder, trauma management, sexual offenders	Yes	Metro	
David Tonkin	Navigate Social Wellbeing Po Box 669 Richmond Vic 3121 M: 0430940677 E: navigatesw@iprimus.com.au	M. Counselling, B Social Work, Grad Dip Substance Abuse Studies, Ad Certi Youth Work, Certi Disability Work AASW	Grief and loss, depression, anxiety, anger management, gender/sexuality issues, sexual abuse, victims of crime, life transition & adjustment issues, social skills, substance abuse, blended families, family violence, experience with CLD, ATSI, GLBT	Yes	Will travel and do home visit	Mon - Sat
Helen Hunt	Upper Ferntree Gully M: 0419 561 552 E: helen.hunt7@bigpond.com	Post Grad. Dip Social Services (Family Therapy), Dip Community Services, 2 years Gestalt Therapy, Mediation & Conflict Resolution Clinician with Victorian Association of Family Therapists	Family Work, parenting strategies, relationship, couple work, Individual counselling	Yes	Eastern metropolitan agencies	Mon – Thurs, Fri whole day

Helen Luntz	Surrey Hills Consulting Rooms, 474 Whitehorse Rd, Surrey Hills T: 9888 4247	APS, AAASW, Victorian Association of Family Therapists	Family therapy, depression, victims of crime, grief and loss, anxiety, asperger's syndrome, life transition & adjustment issues, conflict resolution, blended families, relationship difficulties, experience with CLD, ATSI	Yes	Metro east, will outreach and do home visit	Saturday
Jill Higgins	6 Grasmere Crt, Wantirna T: 9887 3823 M: 0407 850 677 E: psysoltns@hotmail.com	M Applied Psychology APS	Sexual abuse, trauma, domestic violence, drug and alcohol, relationship issues, youth and homelessness		Metro east	Mon-Fri
Linda Bearup	Suite 8, 653 Mountain Hwy, Bayswater 3153 M: 0413 867 035 E: linda.bearup1@three.com.au	B.A. H. Svs; Grad. Dip. P. Couns; Grad. Dip. MHSvs (Child, Adult. & Family); Cert Trauma Counselling & Psychotherapy ASTSS; AIWCW; MATTS	Grief and loss, depression, anxiety, eating disorders, gender/sexuality issues, sexual abuse, victims of crime, life transition & adjustment issues, social skills, conflict resolution, blended families, family violence, trauma aftermath sequelae	Yes	Metro east	Mon, Tues, Thurs, Sat 9 am – 6pm
Marcus Andrews <i>Life Supports</i>	Level 1, 401 Whitehorse Road, Balwyn 3103 T: 1300 735 030 M: 0402 116 070 E: marcus@lifesupports.com.au www.lifesupports.com.au	M Clinical Family Therapy, B Applied Science (Health Promotion), B Social Work, AASW	Family violence, anger management, sexual abuse, drug and alcohol, school refusal, adolescent-parent conflict, mental health difficulties	Yes	Metro, flexible outreach options available throughout Melbourne for yp reluctant to engage in counselling	Mon, Tues, Wed, Fri: 8:30am – 5pm; Thurs: 1pm to 9:30pm
Maureen Sloan	385 Springvale Rd, Forest Hill M: 0437 972 423 E: Maureen@maureensloan.com	Grad Dip Family Therapy, BSW, Dip Teaching, Developmental Psychiatry Certificate AASW, Clinical member VAFT	Mediation, grief and loss, depression, anxiety, anger management, asperger's syndrome, autism, eating disorders, gender/sexuality issues, sexual abuse, life transition & adjustment issues, social skills, conflict resolution, blended families, trauma, couple issues, parenting coaching	Yes	Metro east, outreach and home visit	Mon - Sat
Meredith Lloyd-Smith <i>Counselling For Completeness</i>	Suite 5, 25 Prospect St, Box Hill T: 9802 0463 E: counsellingfc@hotmail.com	B Youth Affairs, Grad Dip Family Therapy Australian Institute of Professional Counsellors	Grief and loss, depression, anxiety, anger management, asperger's syndrome, eating disorders, gender/sexual issues, sexual abuse, victims of crime, life transition & adjustment issues, social skills, conflict resolution, substance abuse, family violence, mediation, experience with CLD, GLBT	Yes	Metro east, outreach	Mon – Sat
Mitchell Hobbs	1301 Bourke Road, Kew M: 0403 494 310 E: mitchell_hobbs@yahoo.com.au	B A, Post Dip Psychology, M Psychology APS, APS member of clinical college	Grief and loss, behaviour problems, anger management, suicide, life transition & adjustment issues, victims of crime, self harm, conflict resolution, depression, anxiety, substance abuse, social skills, assessments (clinical & psychological NOCAT/IQ), experience with CLD, ATSI, GLBT	Yes	Metro east, metro north	Mon – sun, flexible by negotiation
Pam Damm	21 Lansdown Street, East Mel M: 0409 300 360 E: pamdamm@bigpond.com	B A (Psych), B Social Work, Grad Dip Family Therapy AASW, VAFT	Grief and loss, depression, anxiety, anger mgt, gender / sexuality issues, sexual abuse, life transition & adjustment issues, social skills, conflict resolution, substance abuse, blended families, family violence	Yes	Metro east and west	Sat

Pauline Butler <i>Combined Community Counselling</i>	148 Maroondah Highway, Croydon T: 9723 1441 1 Walkers Road, Nunawading T: 9877 3351 E: nahax@bigpond.net.au	Psychology (Hons), B Applied Science, Specialist Course in Couple Therapy, Dip Interpersonal Psychotherapy, Certi Interpersonal Counselling & Psychotherapy, Certi Interpersonal Relationship Counselling MAPS, Golden Key National Honour Society	Drug & alcohol, depression, anxiety, bereavement, relationship difficulties, interpersonal difficulties, employment & vocational difficulties, suicidality, individual & couple counselling, gender issues, sexual abuse & violence, divorce, remarried families, sexuality, mood disorders, personality disorders, conflict resolution	Yes	Croydon & Nunawading	
Rina Adamopoulos	203 Blackburn Road, Mt Waverley M: 0417 061 550 E: info@sensecorp.com.au	BA Social Science, BSW, CBT Certi, Family Sensitive Practice, Family Dispute Resolution Practitioner Cert AASW, AASW Clinical Mental Health Social Worker	Mediation, Grief and loss, depression, anxiety, anger management, eating disorders, gender/sexuality issues, sexual abuse, victims of crime, life transition & adjustment issues, social skills, conflict resolution, family violence, substance abuse, blended families	Yes	Metro east, metro south, hume, outreach	Mon - Fri
Ruth Eismontas	385 Springvale Road, Forest Hill 277 Elgar Road, Surrey Hills M: 0407 554 181 E: ruth@wellbeingftg.com eismontas@bigpond.com	Grad Dip Social Science (Family Therapy) Counsellors & Psychotherapists Association of Victoria, Vic Institute of Teaching	Grief and loss, anxiety, life transition & adjustment issues, conflict resolution, depression, autism, social skills, family therapy, relationship issues, experience with CLD	Yes	Metro east	Mon - Sat
Sue Hearn	39 Denmark Street Kew 3101 M: 0419 353 953 E: counselling@suehearn.com.au www.suehearn.com.au	Grad Dip Counselling & Human Services, Asso Dip Welfare Studies, Certi Applied Social Sciences Counsellors and Psychotherapist Association Vic, Psychotherapist & Counsellors Federation	Sexual abuse, gender/sexuality issues, grief and loss, anxiety, depression, life transition & adjustment issues, substance abuse, social skills, mediation, experience with GLBT	Yes	Metro east	Mon - Fri
Vanessa Bos <i>Counselling For Completeness</i>	Suite 5, 25 Prospect St, Box Hill T: 9802 0463 M: 0410 458 023 E: counsellingfc@hotmail.com	B. Youth Affairs, Grad Dip Counselling Australian Institute of Professional Counsellors	Grief and loss, depression, anxiety, anger management, eating disorders, gender/sexual issues, sexual abuse, victims of crime, life transition & adjustment issues, social skills, conflict resolution, substance abuse, blended families, family violence, mediation, experience with CLD, GLBT	Yes	Metro east, outreach	Mon – Sat
Vivian Davies	323 Blackburn Road Burwood East M: 0410 450 122 E: vpdavies@hotmail.com	BA, BSW, M Couple & Family Therapy AASW, Clinical Member of Victorian Association of Family Therapists	Family therapy, couple and individual therapy, parenting issues including adolescent-parent conflict and adolescent violence in the home, family violence, sexual abuse, trauma, anxiety, depression, impact of family separation & other life transitions, grief and loss	Yes	Metro east, south and north	Mondays, Fridays and evenings

Other practitioners taking referrals from Metro East

Practitioner Name	Contact Details	Qualifications & Memberships	Specialty Areas	WWC	Areas Covered	Availability
Bronwyn Williams	337/1 Queen Road, Melbourne T: 9349 7301 M: 0411 214 845 E: bronwyn.williams@nych.org.au	Post Grad Psych, Graduate Dip Psych, B A MAPS	Family conflict, domestic violence, trauma, communication, physical and sexual abuse, addictions, anger management, depression, anxiety, grief & loss, relationship problems, young people in crisis or with difficult behaviours	Yes	Metro, outreach and home visit	Mon – Fri 10 am to 6 pm
Connie Boglis	M: 0403 011 465 E: counselling_teens@hotmail.com	B. Youth Work, Ad. Dip Pro. CounsellingX2 majors (Abuse and Abuse Trauma, Relationship and Conflict Resolution) Australian Counselling Association	Grief and loss, depression, anxiety, anger management, gender/sexuality issues, victim of crime, social skills, life transition & adjustment issues, conflict resolution, substance abuse, family violence, mediation	Yes	Metro east, west, and north, outreach and home visit	Mon – Fri after 6pm, weekends
Conrad Aikin	33 Drummond Street, Carlton M: 0409 421 142 E: conradaikin@gmail.com	BA Hons APS	Grief and loss, depression, anxiety, anger management, eating disorders, gender/sexuality issues, sexual abuse, victims of crime, social skills, life transition & adjustment issues, conflict resolution, blended families, substance abuse, family violence, mediation, CLD, ATSI, GLBT	Yes	Metro east, metro west, metro north, outreach and home visit	Mon - Fri
David Chong	88 Rathdowne St, Carlton Suite 215, 100 Victoria Parade, East Mel, 3002 M: 0413 423 595 E:dchong@infoxchange.net.au	M Edu/Counselling Psychology, B Psychology, Dip Ericksonian Hypnosis, Qualified psychodramatist, Associate Lecturer Australian Centre for Grief Education, Clinical supervisor Victoria AIDS Council Counselling Services	Family therapy, mediation, trauma, addiction, homeless young people, dual diagnosis, mental illness, cross cultural issues, grief, qualitative assessment, treatment plans, GLBT issues, speaks Portuguese and Spanish		Any area negotiable	Negotiable working hours and after hours
Dean Janover	265 Dandenong Rd, Prahran, M: 0418 993 004 E:dean@prahranpsychologyclinic.com.au	MA, B BSC, Grad Dip Psycho MAPS, Psychologists Registration Board Victoria, APS	Anxiety, life transition & adjustment issues, depression, anger management, conflict resolution, substance abuse, mediation	Yes	Metro south and metro east	Mon - Sat
Devorah Wynn	22 Shuter St, Moonee Ponds T: 9370 1234	Grad Dip Counselling & Human Services, Bouverie Certificate - Family Mediation	Homelessness, domestic violence, family / relationship work, traumatised children exposed to family violence	Yes	Metro, can travel	Flexible - can see a client within 24 hours if needed
Dimitra Bekos	1098 Lygon Street North Carlton PO Box 77 West Brunswick M: 0409 667 227	Clinical M Child Psychoanalytic Psychotherapy, B Social Work, BA, Certi Edu AASW	Adolescent mental health, sexual, physical and emotional abuse, DV, depression, anxiety		Metro	Tuesday & Friday, all day, some evenings
Emelia Wilmot	M: 0414 477 772 E: wilmotem@hotmail.com	Post Grad Dip Music Therapy Australian Music Therapy Association	Special education, adolescent substance abuse rehabilitation, domestic violence/sexual assault refuge for young women, palliative care-families, PTSD young veterans, grief and loss, depression, anxiety, asperger's syndrome, anger management, gender/sexuality issues, experience with CLD, GLBT	Yes	All metro area, will travel, home visit	Mon - Fri

Georgia Pernitzis	Corporate Executive Offices, 17 Taylor St, Moorabbin Hatha Yoga Centre, 3 Willesden Rd, Oakleigh E: gpernitzis@comcen.com.au	BA (Psychology), B Social Work, Certif Marriage Counselling, Mediation, Ad Cert Systems Theory & family Therapy AASW, Clinical Member Victorian Association Family Therapists, Victorian Association Dispute Resolution	Individuals, Couples, Adolescents & Families, Family Violence, Separation & Remarriage, cross cultural issues		South eastern suburbs	Fri, Mon, Thurs & Satur morning
Janelle Wilson	M: 0408 030 770 E: janelle@lifeworks.com.au	Bachelor Education, Bachelor Social Work AASW	Individuals & families in relation to family, relationships, grief & loss, body image & self esteem, childhood abuse & trauma (CASA) / anger / FOO	Yes	Carlton-Tullamarine Sat; Mon: Travel to agency	
Jessie Sprott	119 Royal Parade, Parkville M: 0431 310 548	M Psych (Clinical), B Applied Science (Hons, Psycho), B A MAPS	Grief and loss, depression, anxiety, eating disorders, social skills, anger management, conflict resolution, life transition & adjustment issues, , substance abuse		Metro	Mon - Fri
John Riddle	2 Horne Court Chelsea Heights 3196 M: 0419 394 472	M Counselling, BA, Grad Dip Education Australian Counselling Association			Metro	
Judy Michelangeli <i>Autumn Retreat</i>	129 Milles Street, Thornbury M: 0423 789 533 E: judy.afterwords@gmail.com	Post Grad Trauma Therapy, Family Therapy and Bereavement Intervention Academy of Trauma Therapists, National Association of Loss and Grief	Trauma, grief and loss, anxiety, adjustment to disability/impairment, victims of crime, life transition & adjustment issues, blended family, mediation, conflict resolution	Yes	Metro east, CBD, and metro north, outreach and home visit	Thurs & Fri: 2-8pm, in West Preston; flexible other days, including weekends
Julie McDonald	PO Box 254 Clifton Hill 3068 M: 0425 707 583 E:julie@centremakingsense.com	MA Creative Arts Therapy Australian Creative Arts Therapy Association (ACATA)	Young people, refugees and asylum seekers – Abuse and trauma, family violence, depression, anxiety, grief and loss, anger management - self harm, mediation, life transition, social and problem solving skills	Yes	Metro, will do home visit	Mon - Fri
Juliet Watson	Level 1 / 253 Lonsdale Street, Melbourne M: 0407 915 910 E: julietwatson1@gmail.com	BA (Honours), B Social Work, PHD Candidature AASW	Grief and loss, anxiety, depression, eating disorders, gender / sexuality issues, victims of crime, life transition & adjustment issues, social skills, sexual abuse, family violence, conflict resolution, trauma, substance abuse, experience with CLD, GLBT, ATSI	Yes		Thursday evenings
Katherine Bakos	The Hartington Centre, 24 Hartington St, Northcote M: 0411 958 314 E: katherinebakos@optusnet.com.au	B Behavioural Science (Psychology), Post Grad Dip Adolescent & Child Psychology, Grad Cert Alcohol & Other Drugs Studies APS, Division of Independent Practicing Psychologists	Drug & alcohol, physical, emotional and sexual abuse, self harm, anger management, communication skills, anxiety and depression, sexuality, grief and loss, family and relationship issues	Yes	Metro areas - 20 minutes from CBD, will outreach	Mon - Fri

Kim Dowse	1009 / 1Queens Road, Melbourne, Vic, 3004 T: 9863 9317 M: 0411 981 782 E: dowsek@optusnet.com.au	BA, B Behavioural Sc, Grad Dip in Applied Psychology MAPS, Australian College of Clinical Psychologists (ACCP), Registered Psychologist (Vic)	Abuse issues, family conflict, self-esteem, relationships, domestic violence, sexual assault, substance abuse, loneliness, sadness and despair	Yes	Metro west, inner south and southern suburbs, will outreach	
Kymerley Scharpf	235 Sydney Road, Coburg, 3058 M: 0418 374 405	B Social Science (Psychology), Grad Dip Applied Psychology APS, Vic Psychologists Registration Board, Vic Psychologists Association	Grief and loss, depression, anxiety, sexual abuse, victims of crime, life transition & adjustment issues, social skills	Yes	Metro, Hume	
Laurence Cummin	T: 9867 3557 M: 0407 548 919 E:activecounselling@bigpond.com	Post Grad Dip Counselling, B Education, Dip Teaching, Dip Fine Art Counsellors and Psychotherapists Association Victoria	Anger management, grief & loss, anxiety, depression, conflict resolution, substance abuse, gender/sexuality issues, victims of crime, social skills, experience with CLD, ATSI, GLBT	Yes	Metro area. Can travel and do home visit	Weekdays 8 - 6, Sat 8 – 2pm
Marion Oke	60 Elgin Street, Carlton, 3053, T: 5348 7647 E: marion@netconnect.com.au	Ph.D. (Family Therapy); M. App. Science (Professional Psy); Dip. Ed. (Psych.); B.A. (Psych.). Registered Psychologist (Vic.), MAPS, Clinical Member Vic. Assoc. of Family Therapists, Member Aust. Society for Traumatic Stress Studies	Adults, children, young people, families, couples, Indigenous and NESB clients; relationship and family issues, trauma, depression, anxiety, grief and loss, substance use issues, anger management	Yes	Ballarat, Carlton, Daylesford	Daylesford Mon; Ballarat Tues, Wed.; Carlton Fri PM, Sat. AM
Martin Furse	Hobson's Bay Business Centre, 1/92 Railway Street, South Altona M: 0405 685 622 E: lightonthehill@me.com	FEEHC Disability, Dip Business Mgt, Cert IV Community Mediation Alternative Dispute Resolution, Registered Family Dispute Resolution Practitioner	Mediation	Yes	Metro	Mon - Sun
Meike Zielinski Kalari Healing Centre	302 Highett Rd, Highett 3190 T: 9553 7053 M: 0400 638 626 E: meike67@hotmail.com www.kalariayurveda.com.au	B. Applied Science Occupational Therapy, Grad Dip Creative Arts Therapy Australian Creative Arts Therapy Association	Creative art therapy, depression, grief and loss, anxiety, life transition & adjustment issues, experience with CLD, speaks German as well	Yes	Metro east, metro south, metro west (incl. CBD)	Mon - Sat
Michelle Kornberg	242 Hawthorn Road, Caulfield M: 0408 386 862 E: michelle@kornberg.com.au	Grad Dip Social Services (Counselling), Grad Dip Family Therapy, B Edu, Dip Primary Teaching Counsellors and Psychotherapists Association Victoria, Victorian Association of Family Therapy, Victoria Institute of Teaching	Youth children, adolescents, parenting and parent/child relationships, families couples and individuals, loss and grief and bereavement		Located in Caulfield. Can travel to all metropolitan areas	Weekdays and some evenings

Sharyn Bunn	Suite 48, Level 4, 12 Collins Street, Mel 3000 M: 0439 638 385 E:sharyn.bunn@virginbroadband.com.au	BA (Psychology), Grad Dip Applied Psychology Psychologist Registration Board of Victoria	Sexual abuse, trauma, family violence, personality disorder, mental illness and offending behaviour	Yes	Metro - can travel to all metro areas	Mon, Wed & Sat
Stephen Brown	497 Sydney Rd, Coburg Suite 34, 12 Collins Street, Melbourne 1st flr / 201 High St, Cranbourne M: 0419 588 466 T: 9650 6520 (city office) E: stephen_psych@hotmail.com	BA (Psychology & Sociology) Grad Dip (Educational Psychology) Psychologists Registration Board of Victoria, MAPS, Member Australasian College of Nutritional & Environmental Medicine	Family individual and couple counselling, trauma & recovery, physical sexual emotional and verbal abuse, anger management & assessment, drugs & alcohol, gambling, suicide, victims of crime, mental health	Yes	Metro areas - willing to travel	Mon –Fri, Weekends; Can be very flexible with times - sometimes working up to 10pm